

GUIDELINES FOR AUTHORS

1. The Journal of the Sri Lanka Military Academy is a refereed journal that is open for multi-disciplinary research articles having links to the military. The following guidelines have been published for the convenience of the authors:
2. Manuscripts should be prepared including the following:
 - a. Abstract.
 - b. Keywords.
 - c. Introduction.
 - d. Research problem.
 - e. Objectives.
 - f. Methodology.
 - g. Theoretical perspective.
 - h. Analysis/Discussion.
 - i. Conclusion.
 - j. Reference list/Bibliography.
3. Detailed notes on the above sub-sections are as follows:
 - a. **Abstract.** Not more than 250 words. It should be typed in font size of 11 by using single spacing. Sinhala abstract should be provided for English manuscripts and English abstract should be provided for manuscripts written in Sinhala or Tamil.
 - b. **Keywords.** 5 keywords can be included.
 - c. **References and Bibliography.** The American Psychology Association (APA) reference style should be followed. For further information, please refer to the detailed referencing format given under section 9.
4. Authors can submit their manuscripts in all three mediums; Sinhala, Tamil or English and manuscript must not exceed 20 A4 pages including reference list/Bibliography.
5. Fonts and font related information.
 - a. **Font and font size.** Times New Roman for English manuscripts, FM Abaya for Sinhala manuscripts and Bhamini for Tamil manuscripts. Font size for the content (Except abstract) is 12 with the spacing of 1.5.
 - b. **Title of the manuscript.** Font size 12, Block capitals, Bold, Centered.
 - c. **Author(s) name(s).** Font size 12, Bold, Centered.
 - d. **Sub titles.** Font size 12, Block capitals, Bold, left aligned.

6. The tables should be numbered separately. The title should appear above the table and the source should appear below the table.
7. Maps, graphs, drawings and photographs are considered as figures. Figures should be numbered separately and the title and the source should appear below the figure.
8. The SLMA follows the reference style similar to APA 6th edition. For the convenience, authors can refer to the following list.

| Ser | Reference type | End note – reference list | In-text citation |
|-----|--|---|---|
| (a) | (b) | (c) | (d) |
| 1. | One author book | Berkman, R. I. (1994). <i>Find it fast: How to uncover expert information</i> . New York, NY: Harper Perrenial. | (Berkman, 1994) OR Berkman (1994) claimed that |
| 2. | Three to five authors | O’Keefe, J. H., Bell, D. S. H., & Wyne, K.L. (2009). <i>Diabetes essentials</i> . Sudbury, MA: Jones and Bartlett Publishers. | (O’Keefe, Bell, & Wyne, 2009) (O’Keefe et al., 2009) |
| 3. | Eight or more authors | Johnson, L., Lewis, K., Peters, M., Harris, Y., Moreton, G., Morgan, B., . . . Smith, P. (2005). <i>How far is far?</i> London: McMillan. | Johnson et al. (2005) argue ... OR It was argued that...(Johnson et al., 2005) |
| 4. | Translation of a book | Ylinen, J. (2008). <i>Stretching therapy: For sport and manual therapies</i> (J. Nurmenniemi, Trans.). Edinburgh, Scotland: Churchill Livingstone. | (Ylinen, 2008) |
| 5. | Chapter in an edited book | Baker, F. M., & Lightfoot, O. B. (1993). Psychiatric care of ethnic elders. In A. C. Gaw (Ed.), <i>Culture, ethnicity, and mental illness</i> (pp. 517-552). Washington, DC: American Psychiatric Press. | (Baker & Lightfoot, 1993) Use the chapter authors, NOT the editors of the book |
| 6. | Journal article from print journal, no DOI | Lowrie, T., & Diezmann, C. M. (2009). National numeracy tests: A graphic tells a thousand words. <i>Australian Journal of Education</i> , 53, 141-158. doi: 10.1037/a0017815 | (Lowrie & Diezmann, 2009) |
| 7. | Journal article accessed electronically, without DOI | Fallon, A., & Engel, C. (2008). Hypertensive disorders of pregnancy. <i>The Practising Midwife</i> , 11(9), 1-27. Retrieved from http://www.practisingmidwife.co.uk | (Fallon & Engel, 2008) |
| 8. | Newspaper article | Cook, D. (2002, January 28). All in the mind. <i>The Age</i> , p. 8. | (Cook, 2002) |
| 9. | Interview recorded and available in an archive | Barnes, E. (1969, September 4). <i>Interview with Eva Barnes - Part 1/Interviewer: Studs Terkel</i> [Real Media file]. Retrieved from http://www.studsterkel.org/dstreet.php | (Barnes, 1969) |

| (a) | (b) | (c) | (d) |
|-----|---|---|--|
| 10. | Interview with participant(s), as part of your own research | Do not include in the reference list. | Do not cite individually, because this could compromise confidentiality. Quote anonymously, for example, "Participant A said". |
| 11. | Web page - with author | Atherton, J. (2005). <i>Behaviour modification</i> . Retrieved from http://www.learningandteaching.info/learning/behaviour_mod.htm | (Atherton, 2005) |
| 12. | Web page - no author and no date | <i>Behaviour modification</i> . (n.d.). Retrieved from http://www.educational-psychologist.org.uk/behaviour.html | (Behaviour modification, n.d.) Use title instead of author name |

9. Authors are required to send manuscripts to the following email address by saving the file docx format (MS Word 2007 or higher) or doc format (MS Word older versions).

10. It is compulsory to fill and send the author information format along with the manuscript that is given below as an annex A.

Coordinating Committee – SLMA Journal
 Academic Wing
 Sri Lanka Military Academy
 Diyatalawa
 Tel: – 0572229923
 Email – awslma@yahoo.com

AUTHOR'S INFORMATION FORMAT

Special note: In case of having two or more authors, each author should fill the authors information formats separately and send them along with the manuscript.

- 1. Topic of the article :
- 2. Name of the author :
- 3. Present appointment :
- 4. Official address :
- 5. Personal address :
- 6. Tel Numbers :
 - a. Mobile :
 - b. Resident :
 - c. Office :
- 7. Email addresses :
 - a. Personal :
 - b. Official :

Date:

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Signature