

APTS TRAINING SCHEDULE - YEAR 2019

S/N	NAME OF THE COURSE	COURSE NO	ABBREVIATION	NO OF STUDENTS	LEVEL	NO OF DAYS	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC		
1	OFFICERS ADVANCE PHYSICAL TRAINING INSTRUCTOR COURSE (MALE/FEMALE)	11	OAPTIC (MALE/FEMALE)	25	2/LT TO MAJ	90			01	←			09							
2	ADVANCE PHYSICAL TRAINING INSTRUCTOR COURSE (MALE/FEMALE)	40	APTIC (MALE/FEMALE)	50	PTE - CPL	80								19	←		29			
3	INSTRUCTOR REFRESHER COURSE (MALE/FEMALE)	04	IRC	-	PTE - CPL	10			28	←		09						18	→	24
4	ASSISTANT PHYSICAL TRAINING INSTRUCTOR COURSE (MALE/FEMALE)	117,118,119	ASSISTANT PTI COURSE (MALE/FEMALE)	170	PTE - CPL	60	03	←		26	22	←		09	12	←		29		
5	REGRADING COURSE (MALE/FEMALE)	20	RC	50	PTE - CPL	18			07	←		10								
6	SPORT COACH COURSE (MALE/FEMALE)	21	SCC	30	SGT AND ABOVE	50	07	←		14										
7	BASIC SWIMMING COURSE (MALE/FEMALE)	157,158	BSC (ORS (MALE/FEMALE)	50	PTE - CPL	40				22	←		13	15	←		06			
8	SWIMMING INSTRUCTOR COURSE (ORS (MALE/FEMALE)	25	SIC (ORS (MALE/FEMALE)	40	PTE - CPL	50									16	←		19		